

## MINUTES OF A MEETING OF THE HEALTH AND WELLBEING BOARD

WEDNESDAY, 6TH MARCH, 2019

**Councillors Present:** Deputy Mayor Clark (Nee Demirci) (Hackney Council) in the Chair  
Dr Mark Ricketts (Vice Chair), (Chair, City and Hackney Clinical Commissioning Group), Dr Navina Evans (Chief Executive, East London Foundation Trust), Rupert Tyson (Chair, Hackney Healthwatch), Deputy Mayor Anntoinette Bramble (Hackney Council), Anne Canning (Group Director, Children, Adults and Community Health), David Maher (Managing Director, City and Hackney CCG), Catherine Pelley (Homerton University Hospital NHS Foundation Trust), Alistair Wallace (Social Care Forum)

**Officers in Attendance:** Jane Taylor, Matt Clack, Jack Gooding (Hackney Public Health), Peter Gray (Hackney Governance)

**Also in Attendance:** Alicia Weston (Founder of Bags of Taste) and Linda Green and Jim Farley (Founder of Bags of Taste)

### **1 Welcome and Introductions**

1.1 The Chair welcomed members to the meeting and those present introduced themselves.

### **2 Apologies for absence**

2.1 Apologies for absence were submitted on behalf of Tracy Fletcher. Kim Wright and Laura Sharpe.

### **3 Declarations of Interest - Members to Declare as Appropriate**

3.1 There were no declarations of interest.

### **4 New Members on the Health and Wellbeing Board**

4.1 The chair welcomed Rupert Tyson (Hackney Healthwatch) to his first meeting of the Board. She reported that Dr Sue Milner had been appointed as interim Director of Public Health at Hackney Council and would become a member of the Board.

### **5 Minutes of the Previous Meeting**

5.1 The minutes of the previous meeting were agreed as a correct record.

## 6 Community Voice

6.1 Jon Williams introduced this section of the meeting and the work of the organisation 'Bags of Taste', whose purpose was to change the diets of people who either are in or who face food poverty away from being dependent on highly processed and takeaway foods to regularly cooking good, tasty, home-cooked food for themselves and their families and stressed the positive impact on the lives of participants. He told the Board of the big challenges involved in prevention.

6.2 Linda Green and Jim Farley told the Board of their experience with of Bags of Taste. Jim told the Board that he attended on a course with the organisation and was now a volunteer. He had been reliant on take away food and was surprised at how easy it was to cook food. He now regularly shopped and cooked food. He told the Board of his resultant weight loss. Linda told the Board that she had had got so much from the experience with Bags of Taste and as a result now loved cooking and shopping. She told the Board of the value of cooking from scratch and the fact that she had made financial savings as a result.

6.3 Alicia Weston (Founder of Bags of Taste) Alicia told the Board of the positive impact on participants with their lives changing for the better, building a community with a diverse mix of people.

6.4 The Board considered this to be a positive initiative and asked what support could be offered to assist the work of the organisation. Alicia told the Board that funding was a key issue for the organisation and that there were difficulties around getting referrals. Dr Navina Evans referred to the need for services in this area to have measurable outcomes in place.

## 7 Prevention work stream update

7.1 Jayne Taylor introduced the report providing an overview of the Prevention work stream's key priorities and current programme of work. The report considered how the work of the Prevention work stream could be aligned with and inform the new Joint Health and Wellbeing Strategy. Hackney continued to be one of the most deprived Boroughs with problems around areas such as smoking and obesity with the latter being more of a problem. Jayne Taylor told the Board of the reliance on working with wider partners. She referred the Board to the key prevention work streams as follows:

- Reduce the harms from the main preventable causes of poor health
- Take early action to avoid or delay future poor health
- Support and enable people to manage their own health and wellbeing

In relation to making every contact count a two year programme of work was being developed to scope, co-design, test and embed a local approach to this across Hackney and the City.

7.2 The Chair referred to the importance of producing performance data. Anne Canning told the Board that the Outcomes Framework now had a more refined dashboard. The Board stressed the importance of work on air quality in the Borough, working locally with partners.

**AGREED:**

To note the report

**8 Integrated Commissioning Governance Review**

8.1 Devora Wolfson introduced the report and told the Board that a strategy had been agreed, together with objectives and the vision. She told the Board that a strategy had been agreed with work ongoing on outcomes and that the aim was to have more cohesion among the work streams with standard ways of dealing with risk and positive engagement of residents. The governance structure was split into three layers: the integrated Commissioning Board, the Transformation Board making recommendations to the ICB in relation to the integrated commissioning. This was to be followed by the four work streams. Each work stream had been given significant autonomy and developed further governance structures in order to deliver their work. These governance arrangements would be in place from May 2019. Jon Williams asked about public access to Accountable Officer Group and it was noted that the Groups' terms of reference was to be submitted to the Integrated Commissioning Board and that it would not be open to the public. It was further reported that this body would not have delegated powers.

**AGREED:**

To note the review report and its implementation plan, considering how best to collaborate in achieving the aims of the Board.

**9 Prevention Concordat for Better Mental Health**

9.1 Jack Gooding introduced the report on the prevention Concordat for Better Mental Health. The concordat promoted evidence-based planning and commissioning to increase the impact on reducing health inequalities. Signing the Concordat was an opportunity to share work to create resilient communities and build momentum in a shift to support prevention activity. It was noted that the concordat would promote evidence-based planning and commissioning to increase the impact on reducing health inequalities.

9.2 Councillor Tom Rahilly (Mental Health Champion) told the Board that this work was linked to the Young Black men programme and work was on-going in schools in relation to mental health. The Board agreed that the impact on different groups should be highlighted in the concordat. Deputy Mayor Bramble stressed the importance of the proper inclusion of children in schools in relation to prevention.

**AGREED:**

To sign up to the Prevention Concordat for better mental health, reflecting the local system's commitment to the topic.

**10. Date of next meeting - 12 June (Provisional)**

**Duration of the meeting:** 6pm to 8pm.